



PSYCHIATRY, PSYCHOLOGY AND MENTAL HEALTH SERVICES

School/Medicaid Fall 2020 **Annual Conference**

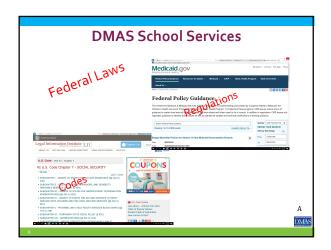
LEARNING OBJECTIVES

- Where to find DMAS requirements information on-line
- □ DMAS requirements for reimbursable services
- ☐ Changes to DMAS manual and forms
- ☐ Translate current practices in the school setting into the DMAS requirements for reimbursement of services.

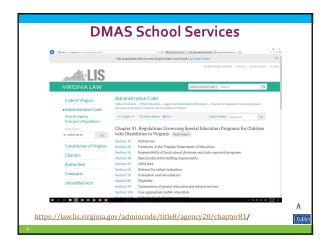
DMAS School Services

OBJECTIVE 1:

Where to find DMAS requirements on-line





















OBJECTIVE 2:

DMAS requirements for reimbursable services

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DMAS School Services

LEA Provider Manual (Ch. II – Provider Participation)

School division (LEA or VSDB) is the billing provider

- School employs or contracts w service providers
- Providers that order, refer or prescribe (ORP) (authorize) LEA services must also enroll with DMAS
- An NPI number of an enrolled ORP provider must be on every claim for services requiring an order or referral under Virginia or DMAS policy.
- Must follow federal CMS cost settlement procedures

DMAS

LEA Provider Manual (Ch. II – Provider Participation)

- Psychiatrist must be licensed by Board of Medicine
- Licensed Clinical Psychologist, Licensed School Psychologist (for independent practice), Licensed School Psychologist-Limited (to school setting) – all must be licensed by Board of Psychology

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LEA Provider Manual (Ch. II – Provider Participation)

- Licensed Clinical Social Worker licensed by Board of Social Work
- School Social Worker endorsed by Department of Education*
- Licensed Professional Counselor, licensed Marriage and Family Therapist – both licensed by Board of Counseling
- Psychiatric Clinical Nurse Specialist licensed by the Board of Nursing and certified by the American Nurses Credentialing Center

*Attorney General Approved



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LEA Provider Manual (Ch. IV – Covered Services)

Testing technicians

- Must be supervised by a DMAS-qualified provider acting within his/her scope of practice
- May be used to administer tests to evaluate the student's cognitive/academic abilities however must have qualified provider interpret and report on the results
- The DMAS-qualified provider is the provider of record.

DMA

LEA Provider Manual (Ch. IV – Covered Services)

NOTE:

A <u>paid</u> school psychology intern may serve the role of technician.

DMA

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LEA Provider Manual (Ch. IV – Covered Services & Limits)

- Requirements for covered services
 - Student must be enrolled through DMAS in:
 - · Medicaid, or
 - CHIP (FAMIS)
 - The student must have an active IEP in place at the time the services are billed
 - The service being billed must be listed in the IEP

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LEA Provider Manual (Ch. IV – Covered Services & Limits)

- IEP is the certifying document for necessary medical Services
- On-going services must be directly and specifically related to active written treatment plan (aka plan of treatment)

DMA

Is it Reimbursable by DMAS?

- ✓ The school division must be enrolled.
- ✓ Child must be eligible (Medicaid, FAMIS)
- √ The service must be a covered service (reference LEA manual chapter 2),
- ✓ The service must be listed in (authorized by) the student's IEP in order to bill,
- ✓ The service must be provided by a qualified provider (or, in some cases, supervised by the qualified provider).
- ✓ The provider must be employed by or contracted with the school division.



DMAS School Services

LEA Provider Manual (Ch. IV – Covered Services & Limits)

- In the case of a student being evaluated for special education, there may not be an IEP in place at the time of evaluation; however, if a subsequent IEP is developed and the evaluation is listed there, it may be billed.
- This is regardless of whether or not the evaluation resulted in the recommendation for further billable services.
- In the case of a student with an existing IEP being evaluated for the need for a particular service; if the evaluation is listed in the IEP, it may be billed.
- This is regardless of whether or not the evaluation resulted in the recommendation for further billable services.



DMAS School Services

- In sum, services must be provided:
 - Within the limits and scope of individual license and Board requirements;
 - In accordance with Special Education regulations
 - In accordance with school division requirements and
 - Within scope of DMAS covered services requirements (See LEA provider manual).
 - And carefully and thoroughly documented in the student's record.

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DMAS School Services	
OBJECTIVE 3:	
Discuss the changes made to DMAS forms	
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DMAS School Services	
All forms	
Changes include:	
Needed changes to align with revised manual Near DMAC requirements represent	
 Non-DMAS requirements removed Use of ICD code for Medicaid billing purposes only 	
 Emphasizes the need to reference CPT manual (published by the AME) for instructions on the use of codes) 	
Clarify items that are optional or that may require an "NA"	
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DMAS School Services	
DIMAS SCHOOL Services	
Revised forms will be available at www.dmas.virginia.gov as soon as we receive	
final approvals.	

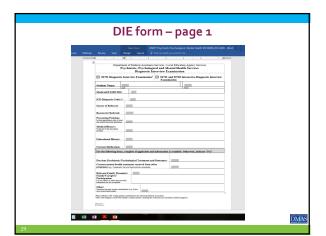
Using the DMAS forms

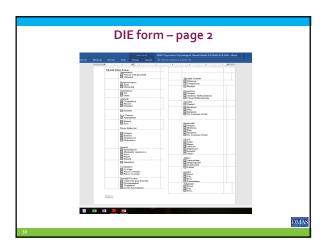
All DMAS forms have been updated.

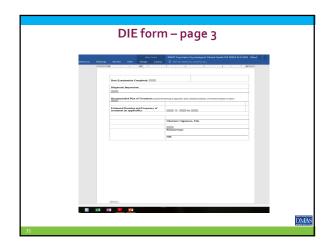
- Diagnostic Interview Exam DMAS 45
- Therapy Progress Note DMAS 43
- Service Log DMAS 44
- Psychological Testing DMAS 35 (Majorrevisions) (Psychological testing evaluation services)

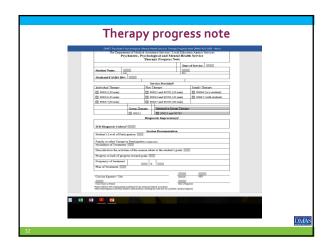
Use of the actual form is optional. (Note, there is no Plan for Treatment <u>form</u>.)

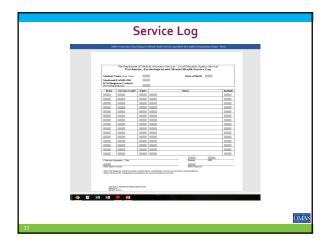
A DMAS

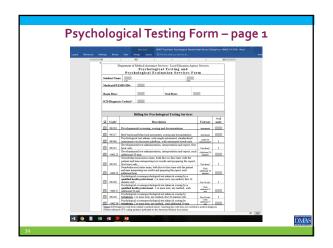


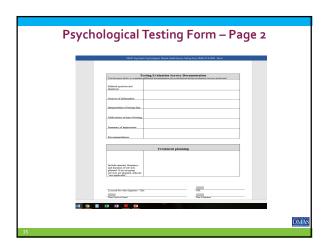












DMAS School Services OBJECTIVE 4: Translate current practices in the school setting into the DMAS requirements for reimbursement of services

Billing Medicaid

- Requires a different model of thinking
 - Thinking in a private practice out-patient style or manner
 - Not always easy or comfortable
- Differences between school psychological services vs "typical" clinical outpatient:
 - The IEP authorizes the services.
 - A licensed, qualified psychologist, psychiatrist or mental health provider must be listed on claim form

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DMAS School Services

- Translate special education terminology into the medical model using ICD 10 codes
 - What you are already doing, just documented in a different way
- The IEP is the certifying document that the services meet DMAS's requirement of "medical necessity".

OR the Special Ed translation:

 Necessary for the student to make progress on IEP goals and objectives



DMAS School Services

Virginia Special Education Requirements

8VAC₂₀-81-10

- Defines Psychological Services in school setting:
 - Administering psychological and educational tests, and other assessment procedures;
 - Interpreting assessment results;
 - Obtaining, integrating, and interpreting information about child behavior and conditions relating to learning;

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Virginia Special Education Requirements

- Consulting with other staff members in planning school programs to meet the special needs of children as indicated by psychological tests, interviews, direct observation, and behavioral evaluations;
- Planning and managing a program of psychological services, including psychological counseling for children and parents; and
- Assisting in developing positive behavioral intervention strategies.

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Virginia Special Education Requirements

8VAC20-81-10

- Defines Social Work services in school setting:
 - Preparing a social or developmental history on child with a disability
 - Group and individual counseling with child and family
 - Working in partnership with parents and others on those problems in a child's living situation that effect a child's adjustment in school

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Virginia Special Education Requirements

8VAC20-81-10

- Mobilizing school and community resources to enable the child to learn effectively as possible
- Assisting in developing positive behavioral intervention strategies
- A local educational agency, at its discretion, may expand the role of a social worker beyond those services identified in this definition, as long as the expansion is consistent with other state laws and regulations, including licensure.

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ICD	-10		y.	0313

 Use the ICD-10 diagnosis code which best corresponds with the neurocognitive or substance abuse diagnosis

www.icd1odata.com

 Used in schools only for Medicaid documentation; Does not have to be used in any school reporting



Translating to "Medicaid-Friendly" Terms

Use the ICD-10 cod that most closely represents the student's eligibility.

Example 1-

If a student is identified with a Specific Learning Disability in the area of Basic Reading Skills, Reading Fluency Skills, or Reading Comprehension in reference to their SPED classification, use a Reading diagnosis code.



Translating to" Medicaid-Friendly" Terms

Use the ICD-10 code that most closely represents the student's eligibility.

Example 2-

If a student is identified with an Other Health Impairment due to ADHD, Combined Type, use ADHD Combined Type code.



Cost Reporting on Psych Evaluations

- Provide DOE with data on number of initial evaluations completed when the student was not currently in special education as well as the number of evaluations resulting in a child being determined eligible for special education. Do not include those evals completed by a contractor)
- Percentage will be applied to the cost settlement reimbursement for psych evaluations.

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Service Limits

- There are no "hard" limits on weekly or annual psychiatry, psychology, mental health services
 - Individual psychotherapy
 - Group psychotherapy
 - Family psychotherapy
- Make sure you justify the number and frequency of services in the service record

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Service Limits cont.

- There remains a daily limit as follows:
 - May not bill for more than one episode of each of these codes per day.
 - Individual, group, family psychotherapy

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LEA Provider Manual (Ch. IV – Covered Services & Limits)

- If the student is to receive on-going psychology/mental health services, there must documentation of a Diagnostic Interview Examination
- Student must have a current (within one year) mental health diagnosis
- Mental health diagnosis using ICD-10 classification
- The diagnosis should be related to why the service is being provided
- Services must require the skill level of a qualified provider as defined earlier

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DMAS School Services

LEA Provider Manual (Ch. IV – Covered Services & Limits)

- Student must require treatment in order to sustain behavioral or emotional gains, or to restore cognitive functional levels, which have been impaired
- Expectation that the condition of the student will improve, or the services must be necessary to establish a safe and effective program to reduce the disease progression
- Services must be specific and provide effective treatment for the student's condition in accordance with accepted standards of medical practices...

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Diagnostic Clinical Interview

- Reason for referral or presenting problem
- Background information (as applicable)
 - School/educational history
 - Medical history
 - Onset of diagnosis or functional limitations
 - Family history
 - Any family dynamics, need for and ability of family members to participate
 Previous psychological/mental health treatment and outcomes
- Medications
- Other (current) treatment received from other providers
- Diagnostic Impression
- Treatment recommendations

If any of the above are not applicable or not available, Simply indicate that in the documentation.

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Diagnostic	Interview Exam	
Mental Status Exam		
➤ Similar to behavior interview ➤ Done all the time d	ral observations and	
 Appearance Attitude Eye contact Mood, affect Speech, vocabulary 	ResponsivenessThought processJudgmentInsightSuicidal/homicidal	Q

Diagnostic Interview Exam cont.

- Include recommendation and plan for treatment
- Diagnostic Interview Exam must be performed prior to start of counseling services
- May be performed as part of Special Education determination
- Does not need to be performed annually thereafter unless there is a need

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DMAS School Services

OBJECTIVE 5:

Discuss some additional considerations/FAQs

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General Requirements

- Medicaid file NOT part of student record in school
- Documentation maintained separately.

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General Requirements

- Plan for Treatment planning must be incorporated into all of the following:
 - Diagnostic Interview Examination
 - Therapy Progress Note
 - Psychological Testing Evaluation

DMAS

General Requirements

- Results of diagnostic interview examination
- Record must contain diagnosis that is current (within the past year)
- Upon IEP renewal, if there are ongoing counseling services needed, the qualified provider must review the diagnosis to ensure it is still current (Is the student still eligible and continues to need services?)This is standardly done through the IEP process

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General Requirements

- Depending on school district policy, teachers may conduct annual review of student's IEP.
 Psychologists are typically not part of this process. However, they should provide input if providing a related service.
- Evidence of discharge planning.

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Conclusion

- DMAS required documentation can fit into the current Special Education process
- DMAS Forms are optional and should be treated as guides. The Forms can be adapted to be used to take notes during screening and assessment.
- Forms can be hand-written or typed and information briefly stated.
- DMAS 35 has undergone a major revision
- Document carefully and thoroughly in the student's service record. Documenting rationale, exact time spent in the various billable activities is critical.

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